

Group Riding and Routing

28th February 2022



Overview

- Introduction - David
- Group Social ride-out policy - David
- Group riding techniques – David and Vini
 - Stagger position; Junctions; Staying together
- Route writing – Brian and Lee
 - Type of roads; Breaks; Distances
- Route applications and GPS devices – Vini
 - Applns, eg My Route App; Criteria (fastest or shortest); Waypoints; Devices
- Q&A

Social Ride Policy

Guidance for Riders

- Runs organised, promoted, route published by Suffolk Riders
 - Not 'Mates' rides – long distance, over-night, foreign
- All rides are run within the laws of the road and Highway Code
- Ride your own ride – your capability; your machine
- Overtake as an individual, not a group
- If you lose contact with their group, follow the given route to destination
- In poor weather, you must decide whether or not to go

Remember:

- ***Suffolk Riders and its Committee do not accept any liability whatsoever for any personal injury or damage to a motorcycle(s) that occurs during any event organised by the Group***

Organiser

'Meet, Greet & Go'

- Organiser
 - Venue: Pre-warn date and numbers
 - Route: Post to website
 - Meet: Full, Associate, Guest?
 - Informal Groups: 3 to 6 riders; 4 to 6 minute intervals
 - Offer to lead associates, new members, guests
 - Weather: Consider cancelling ride-out if conditions unsafe



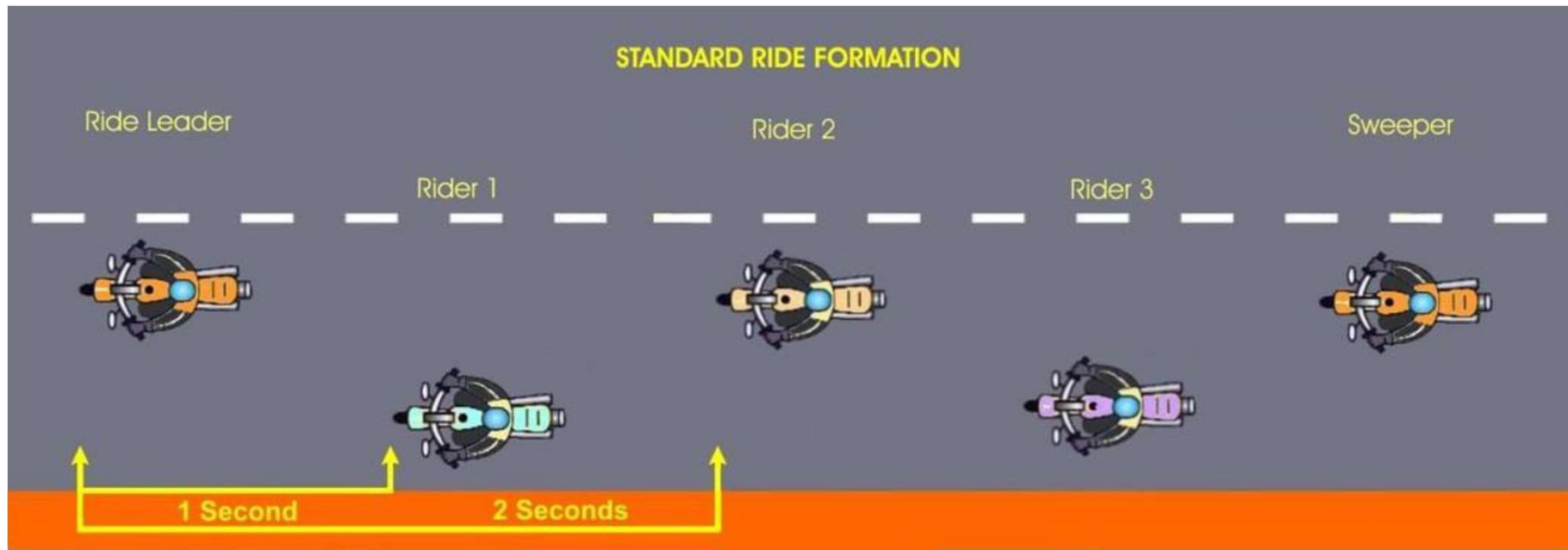
Riders

- Road legal bike – POWDDERSS
- Know destination and have route, GPS &/or paper
- Ready to leave no later than publicised time
- Capability
 - Ride to **your** standard – Guest, Associate, Full as appropriate
 - Happy with pace? Resist pressure to go outside your comfort zone
 - Remember - Further down in group, quicker the pace necessary
- Find own way home



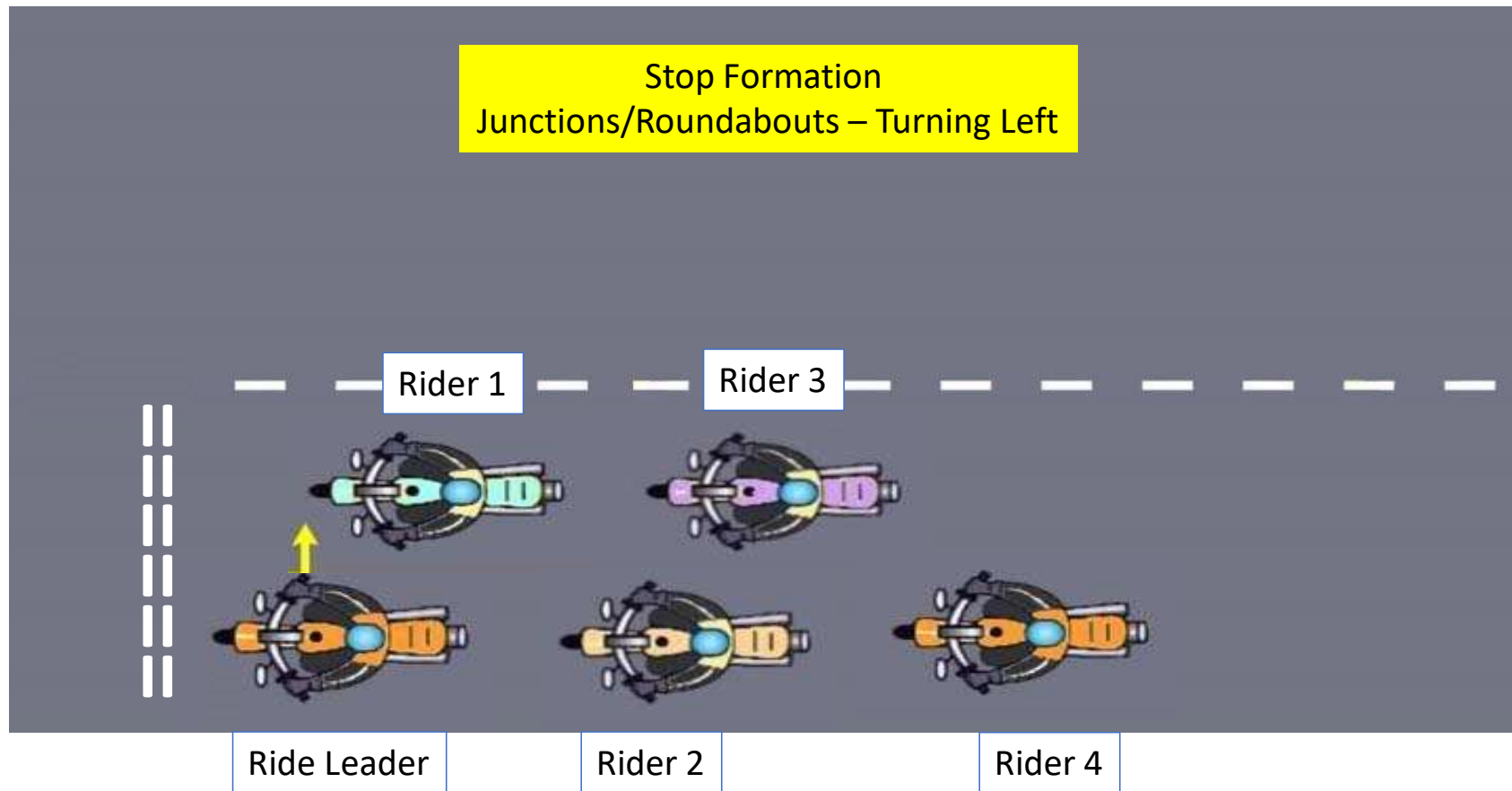
Riding in a Group

Stagger Positions



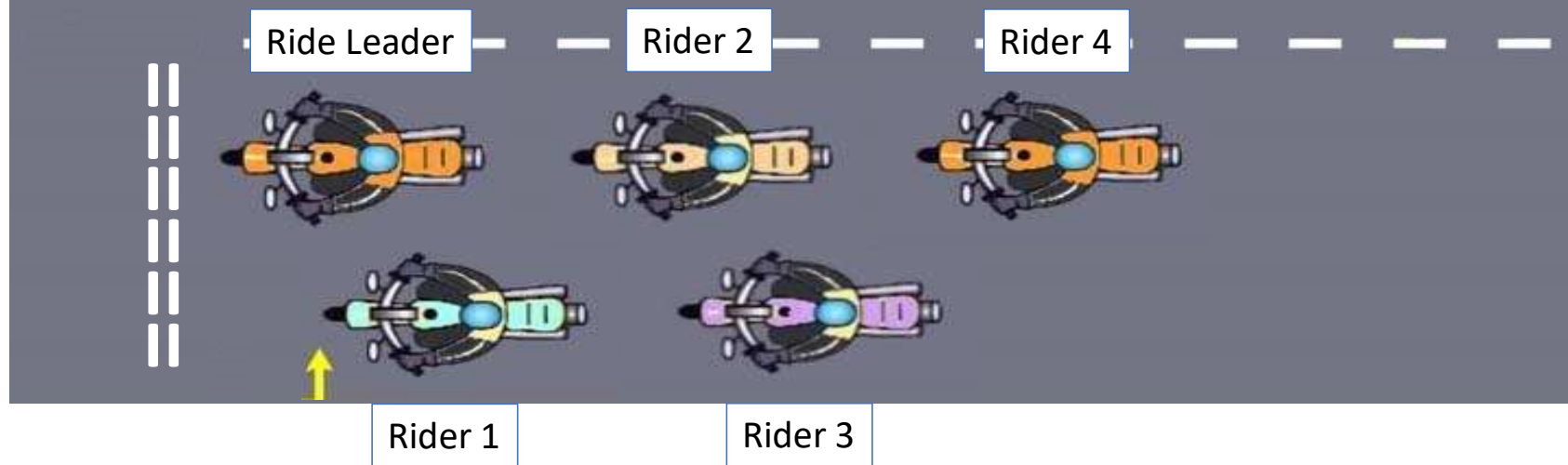
- Where conditions allow – bends, road condition, hazards
- Never sacrifice safety for position

Stop Formation
Junctions/Roundabouts – Turning Left



- Whenever group stops
- Where safe to do so, exit junction in pairs

Stop Formation
Junctions/Roundabouts – Turning Right



- Whenever group stops
- Where safe to do so, exit junction in pairs

Group Riding Techniques

- Keep rider behind in your mirrors
 - Simple and easily understood
 - Reduces pressure on slower rider
 - Group pace set by slowest rider
- Mark deviations
 - Stop where safe until following rider can see you
 - Reduces pressure on slower rider
 - Free ride between deviations
- Drop-off
 - Second rider marks turn until 'Tail-end Charlie appears'
 - Unrestricted overtaking
 - Requires some training to operate effectively



Group Riding - Summary

Where conditions allow

- Stagger positions
- Keep group together
 - Try to keep guy behind visible in mirrors
 - In towns, close up so as to exit junctions together
 - When & where safe to do so, consider stopping to enable group to re-form
- Overtake rider in front *if safe and appropriate*
- Always, Always
 - Position for your safety
 - Ride your own ride – *Don't feel under pressure to keep up*



Planning a Route

Guidelines

- Distance – 250 to 300 miles
- Average speed – typically 40 mph, if lucky 50 mph
- Time – 5 to 6 hours in saddle
- Type of roads
 - Use map for overview and to identify scenic roads
 - Quick at start or in familiar territory
 - Interesting, twisty nearer destination or where possible *en route*
 - Avoid conurbations – use by-passes
- Breaks
 - Be flexible; About every 2 hours; Choose points of interest
 - Coffee/Tea – 20 to 30 mins
 - Lunch – 1 hour
 - Fuel – varying tank capacities; If in doubt, re-fuel when opportunity arises; Grab coffee
- Waypoints