



# Suffolk Riders: Risk Assessment

## Training Rides



### Suffolk Riders: Risk Assessment: Training Rides

#### Summary – Tutor, Member and Associate Guidance 2022

##### **Principles to be followed for all training rides.**

All Training Rides to be run by approved RoSPA Tutor(s).

In announcement of Training Ride, there shall be a reminder to read these Guidelines and General Principles published on Group website. For Group Training Rides (GTR), each small formal group will be supervised by a Tutor. For tutored rides, one Tutor will supervise one rider. Tutors, Members and Associates should consider attending a Biker Down course.

##### **1. Preparation – All Riders**

Maintain motorcycle in safe working order, carry out a POWDDERSS check before riding.

Consider IAMSAFE and do not ride if affected.

Wear dedicated motorcycle protective clothing and equipment.

Consider carrying a First Aid kit.

##### **2. Pre-Ride Briefing**

ICE contact details to be shared.

Briefing by Tutor before starting rides, including all safety aspects and general procedures to be followed on ride, especially:

2.1 Ride in accordance with Highway Code and laws of the road.

2.2 Ride within personal and machine capability, and with regard for weather/road conditions (*Ride Your Own Ride*).

##### **3. During Ride**

Use advanced riding techniques being taught!

Tutors to consider stopping the ride if they observe dangerous riding.

Be aware of other road users' skill limitations and attitude to motorcyclists.

Be considerate to other road users.

Riders to be aware of safe stopping distances (two second rule), and to ride in staggered formation when in close quarters.

##### **4. After Ride**

Consider ground conditions before stopping, and before parking bike.

Beware of sloping ground.

Consider leaving the bike in gear.

## Suffolk Riders: Risk Assessment

### Training Rides

**Specific Assessments. Risk = likelihood/severity and is scored H, M, or L. Action = what/who/when.**

<b>What</b>	<b>How</b>	<b>Why</b>	<b>Who</b>	<b>Risk</b>	<b>Action</b>
Personal or third party injury/death.  Damage to property	Road Traffic Accident (RTA)	Rider error, third party error, mechanical failure.	Tutor, Member, Associate, Guest, Member of the public.	L/H	<b>What:</b> Tutor(s) will assess weather conditions and consider cancellation if poor and unsafe. Before starting rides, Tutor(s) remind all participants of General Principles for Training Rides; ride your own ride; ensure understanding by participants and answer any questions. <b>Who:</b> Tutors <b>When:</b> Before and during ride.
Personal injury/death.  Damage to property	Member-on-Member collision. Tutor-on-Associate collision	Rider error, third party error, mechanical failure.	Tutor, Member, Associate, Guest	L/H	<b>What:</b> Riders to be aware of safe stopping distances (two second rule), and to ride in staggered formation when in close quarters. Be aware of other riders' skill limitations and attitude. Be considerate to other riders. <b>Who:</b> Tutor(s), Members, Associates, Guests <b>When:</b> Before and during ride.
Damage to property	Dropping stationary bike	Overbalance, side stand failure, unstable surface.	Tutor, Member, Associate, Guest	M/L	<b>What:</b> Maintain motorcycle in safe working order. Consider ground conditions before stopping, and before parking bike. Beware of sloping ground. Consider leaving the bike in gear. <b>Who:</b> Tutor, Members, Associates, Guests <b>When:</b> when coming to a standstill/parking.

**If assistance is needed call Fire, Police, Ambulance by dialling 999. If you have the option on your phone, use 'What Three Words' to locate the incident.**