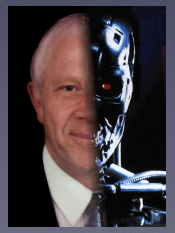
If it can happen It will happen (Murphy's Law)



Nom est gravis, nam frater muse est.

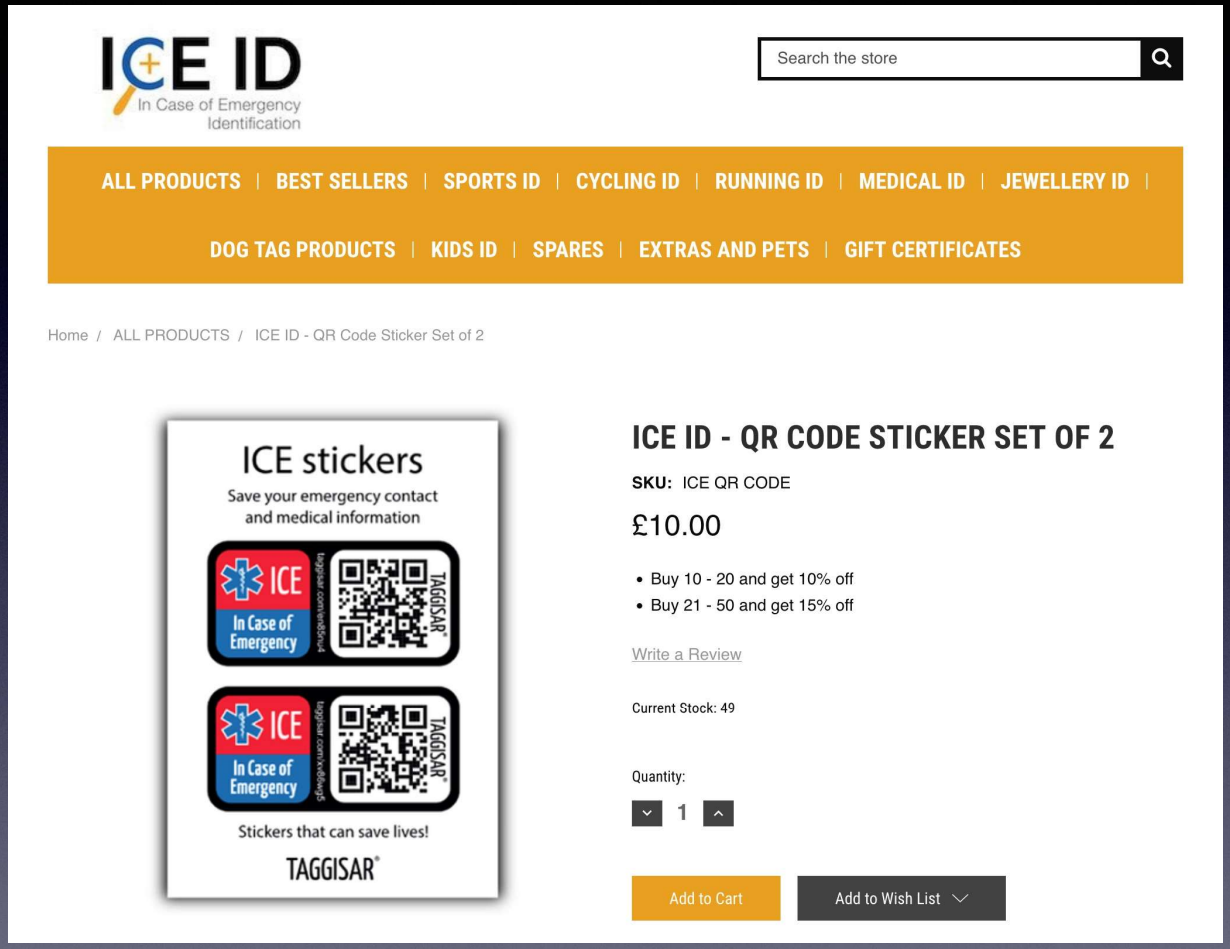
Do you have a **Crash Card**?

- Hopefully!
- Tucked inside your helmet

QR Code for a helmet

- John Southgate - Biker Down
- Difficult to remove helmet
- Put ICE information on the outside
- URL or plain text?

Use A Professional Product



https://iceid.co.uk/all-products/ice-id-qr-code-sticker-set-of-2/

What should you include?

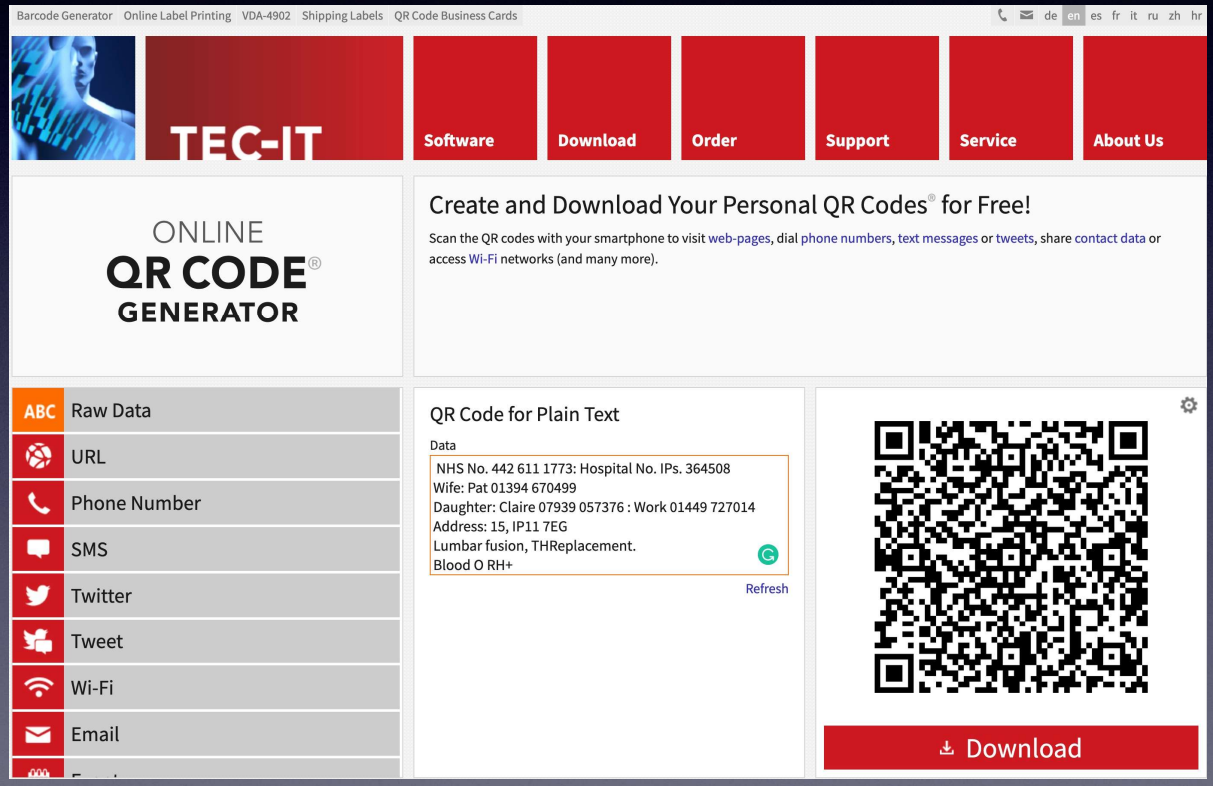
- • Your emergency contact’s name and their relationship to you (i.e mother, spouse)
- • Your emergency contact’s phone number
- • Your address
- • Your allergies
- • Any medical conditions
- • Medications you take
- • Blood type

On my QR Code

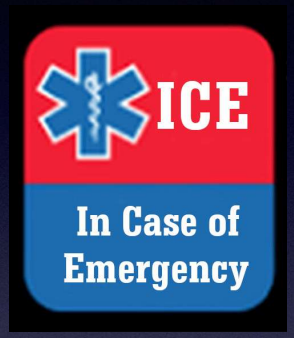
- **Not having any allergies, or medication, I added:**
- **Hospital No. Ips. ————-08 : NHS No. 442 6———— ***
- **Wife Pat ————————0499**
- **Daughter Claire ————————376**
- ***Address: 15, IP11 7EG**
- **Lumbar fusion * TH Replacement**
- **Blood O RH+**

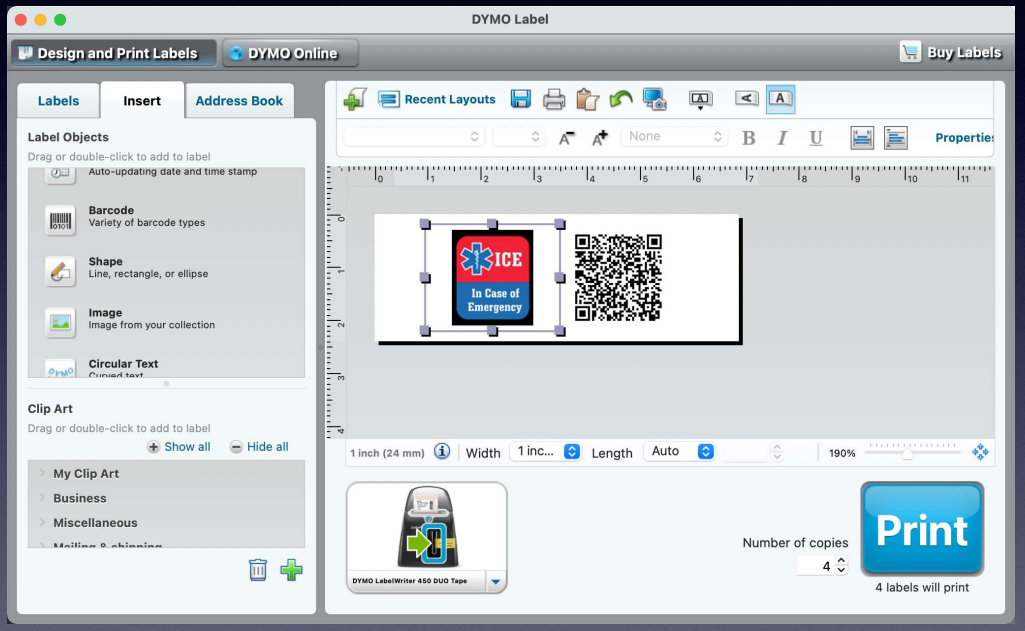
My QR Code

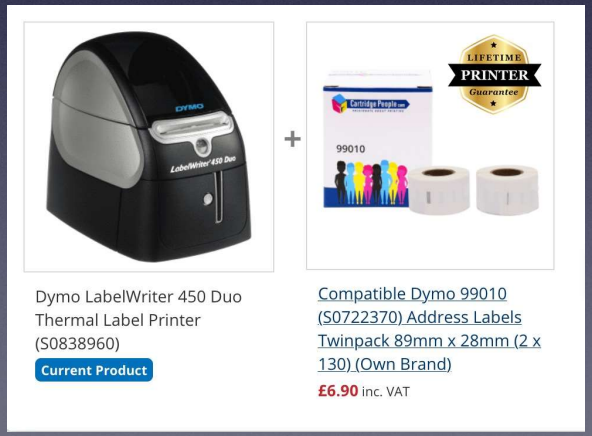
- Choose ‘Raw Data’
- Fill in
- Download.



Format the Label







The Finished Article